



IASN

INDIANA ASSOCIATION OF SCHOOL NURSES, INC

Join Us!

2009 Indiana School Nurse Conference

November 10 and 11

Adam's Mark Hotel soon to be

Wyndham Indianapolis West

Indianapolis, Indiana

*Indiana School Nurses:
Partners in Student Achievement*

Sponsored by the Indiana Association of School Nurses

www.inasn.org

Target Audience

Registered nurses practicing as school nurses from across the state of Indiana who are interested in learning, being challenged professionally, connecting with other professionals, and networking should plan to attend this conference. Participants will have the opportunity to learn from the successes of others, develop a professional peer network, learn how partnering can aid in student success and leave with a renewed enthusiasm to assist you in serving as advocates for school health.

Conference Objectives

Upon attending the conference, attendees will:

- Increase their awareness of the relationship between student health and student success.
- Build the knowledge and skills needed to promote the relationship between health and student achievement.
- Identify skills for building collaborative partnerships.
- Develop the role of the school nurse in caring for the whole child: body, mind and spirit.
- Be able to discuss the results of a research project presented in a poster session

Continuing Education

Nurses attending this conference will receive Continuing Nursing Education (CNE) contact hours for each session attended.

You may earn up to 12.4 contact hours for full participation in the two day conference. CNE contact hours will be provided by St. Vincent Hospital and Health Care Center, Inc.

St. Vincent Hospital and Health Care Center, Inc. is an approved provider of continuing nursing education by the Indiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

In order to conform to recently revised American Nurses Credentialing Center's Commission on Accreditation (ANCC) Guidelines. St. Vincent Hospital and Health Care Center, Inc. uses the commission's newest formula in determining CNE contact hours.

Continuing Renewal Units (CRU) may be applied toward license renewal of a School Services license from the Indiana Division of Professional Standards Board only after earning a Master's Degree or after the completion of thirty-six semester hours beyond the Bachelor's Degree.

Application must be made at the time of registration. Certificates will be distributed at the conclusion of the conference.

College Credit

Two hours of college credit are available from Ball State University if two full days are attended and assignments completed satisfactorily. Application for credit must be made at the time of registration by going to <http://bsu.edu/physiology/smmrwrkshpreg/> ***The application deadline for college credit is September 15th.*** All questions regarding content requirements for college credit should be directed to Dr. Jeffery Clark at 765-285-5961.

Please note that the registration fee for conference attendance is separate from, and in addition to, the registration for the university course. Fees will be determined by Ball State University.

Call for Posters

Please consider submitting a poster abstract for this conference. If selected, your poster will be displayed during registration, breaks, and lunch sessions. We encourage all Indiana school nurses to present posters about school nursing and health education topics that they find useful and interesting.

The abstract and poster should be organized in the following format:

I. Background of the Problem/Project Description

II. Best Evidence/Literature Review

III. Methods/Data Collection

IV. Results/Outcomes

Please submit your poster abstract via email to Dot Clark
dot.clark@indwes.edu.

Conference Agenda

Tuesday, November 10, 2009

Wednesday, November 11, 2009

Veteran's Day

8:00-8:30 Registration, Exhibits & Continental Breakfast

8:30-8:45 Welcome

8:45-10:15 Keynote Speaker

10:15-10:30 Break & Exhibits

10:30-11:30 General Session I

11:30-1:00 Lunch, Networking, Exhibits & Awards

1:00-2:00 General Session II

2:00-3:00 General Session III

3:00-3:15 Snack Break

3:15-4:15 General Session IV

4:15-4:30 Break & Conference Evaluations

4:30-5:30 Annual Meeting -
Indiana Association of
School Nurses

6:00-7:30 PM Evening Session
Speaker & Dinner

8:00-8:30 Registration, Exhibits & Continental Breakfast

8:30-8:45 Welcome

8:45-9:45 General Session I

9:50-10:50 General Session II

10:50-11:00 Break & Exhibits

11:00-12:00 Breakout Session I

12:00-1:00 Lunch, Networking & Exhibits

1:00-2:00 Breakout Session II

2:00-2:15 Snack Break

2:15-3:15 General Session End Note

3:15-3:30 Conference Evaluation

Conference Program

Tuesday, November 10, 2009

8:00-8:30 Registration, Exhibits & Continental Breakfast

8:30-8:45 **Welcome and Greetings: Dr. Tony Bennett**
Indiana Superintendent of Public Instruction

8:45-10:15 **Opening Keynote: Janice Selekman, DNSc, RN, NCSN**
Professor, Department of Nursing, University of Delaware
Partnerships Require You to Show How Great You Are

Janice Selekman is well known to many school nursing groups as the editor of NASN's resource *School Nursing: A Comprehensive Text*. Janice has written over 100 publications and presents to pediatric nurses and school nurse groups throughout the country. She will focus on how the school nurse can demonstrate effective practice using a variety of outcome measures. Multiple examples will be given.



10:15-10:30 Break & Exhibits

10:30-11:30 General Session I
Amy Moyer, MPH, RD, HFS
Program Manager, Action for Healthy Kids
Taking Action for Healthy Kids-Making Student Health a Priority

The 2004 Child Nutrition and WIC Reauthorization Act mandated that schools participating in the National School Breakfast or National School Lunch Program write a comprehensive school wellness policy and form a school wellness team to help implement and evaluate the policy. Why? Because healthy kids learn better. Learn about the current state of school wellness and some simple steps school nurses have made to help make health a priority with strapped resources and limited time.

11:30-1:00 Lunch, Networking, Exhibits & Awards
KA Coffman Friend of School Nursing Award
School Nurse of the Year/School Nurse Administrator of the Year (pending)
Healthy Hoosier School Award Winners/Indiana Action For Healthy Kids

1:00-2:00 General Session II
Joan Duwve, M.D., M.P.H.
Medical Director, Public Health and Preparedness
Indiana State Department of Health

Immunization Update

This presentation will provide relevant information about new immunizations and changes to recommendations for existing immunizations. It will also detail changes to requirements for the Indiana school immunization schedule, acceptable documentation for immunizations, and reporting requirements.

Conference Program

Tuesday, November 10, 2009

- 2:00-3:00 General Session III
Jennifer Skeels, RN, JD
Hall, Render, Killian, Heath & Lyman
Legal Issues Related to School Nursing
This presentation will cover the scope of nursing practice, as well as delegation and supervision in the school setting. Also covered are basic elements of malpractice liability and immunity which may be applicable in the school setting. Finally, the presentation will cover various reporting obligations for situations encountered by school nurses.
- 3:00-3:15 Snack Break
- 3:15-4:15 General Session IV
Janet Archer, RN, MSN
Chief Nurse Consultant, Public Health Preparedness & Emergency Response,
Indiana State Department of Health
H1N1 Influenza Update
- 4:15-4:30 Break & Conference Evaluations
- 4:30-5:30 **Annual Meeting**
Indiana Association of School Nurses
All school nurses are welcome to hear about the activities of IASN, NASN and how to be involved.
- 6:00-7:30 PM Evening Session
Dr. Christopher Belcher
Update on Adolescent Immunizations
Dr. Belcher is a Board Certified Pediatric Infectious Disease Physician from Indianapolis. He will be speaking about adolescent immunizations.
- Dinner sponsored by Sanofi Pasteur*

Wednesday, November 11, 2009

- 8:00-8:30 Registration, Exhibits & Continental Breakfast
- 8:30-8:45 Welcome - Mary Conway, RN, MSN
President IASN

Conference Program

Wednesday, November 11, 2009

8:45-9:45

General Session I

Carrie Baker, CAE

Executive Director, The Ohio School Based Health Care Association

**Enhancing Collaborative Partnerships and Health Access for Academic Success:
School Based/Linked Services and the School Nurse**

This presentation will explain how school based/linked services can contribute to better health outcomes and access to health care and ultimately more time spent in the classroom for children. Ms. Baker will also review the process by which stakeholders, often led by school nurses, begin planning for and identifying school/community needs for school based/linked health centers to address.

9:50-10:50

General Session II

Enid Errante Zwirn, PhD, MPH, RN

Associate Professor, Indiana University Emerita, President of the Board of the Indiana Health Advocacy Coalition

David Lohrmann, PhD, MA, BS

Professor, Applied Health Science Department, Indiana University Bloomington

Janice Wilson, RN, BSN

CEO, NorthShore Health Centers

Sondra Gardetto, MSA

Deputy Director for Covering Kids & Families of Indiana. Sondra oversees the Indiana School Health Network, an initiative that grew from the 2008 Midwestern Regional School Health Conference.

Indiana School Health Network: Looking Well into the Future

This presentation will introduce participants to ways that the Indiana School Health Network (ISHN) can work with school nurses to learn about best practices to increase support for school health, to increase knowledge about school health, to increase funding support for school health programs, and to support school health through legislation and community education efforts. What will be of particular interest to participants will be a discussion of the findings of a May 2009 survey that helped the ISHN gain insight into the array of school health services delivered to students across Indiana.

10:50-11:00

Break & Exhibits

11:00-12:00

Breakout Session I

IA

Stephanie Woodcox, MPH, CHES

Adolescent Health Coordinator, Indiana State Department of Health

John Brandon, President, Marion County Commission on Youth

Picturing a Healthier Future

Participants will learn ways to positively impact adolescents' skills, knowledge, and attitudes toward health and healthy behaviors. Participants will learn the principles behind positive youth development and its link to a healthy and productive lifestyle. You will also learn ways to incorporate information in the state's *first* adolescent health plan when developing programs or services and proposing policies.

Conference Program

Wednesday, November 11, 2009

- 1B Janet McCabe, JD**
Executive Director, Improving Kids' Environment, Inc.
Environmental Health Challenges at School: What They Are, What You Can Do, and Who Can Help

This presentation will cover the common environmental health challenges at Indiana schools, including indoor air quality, outdoor air quality, mercury, asbestos, chemical use management, mold and moisture, pesticides, renovation activities and how school nurses are one key to making schools healthier places.

- 1C Ellen Whitt, JD**
Director, Division of Nutrition and Physician Activity
Indiana State Department of Health
Juliana Hammer, MPH, CHES
Child and Adolescent Program Coordinator, Indiana State Department of Health
Obesity Prevention in Indiana Schools

This presentation is an overview of the statewide obesity prevention plan (Indiana Healthy Weight Initiative) currently being developed with support from the Centers for Disease Control and Prevention (CDC). Presentation will focus on overweight/obesity specifically as it relates to the student population and the role of the school nurse. Topics will include the need for statewide data collection (height and weight measures), policies that can be pursued to improve the health status of young Hoosiers through increased physical activity, improved nutrition both in and outside the school setting, and available resources for school personnel and parents.

- 1D** To be announced.

12:00-1:00 Lunch, Networking & Exhibits

1:00-2:00 Breakout Session II

- 2A Dot Clark-Ott, MPA, RN, NCSN**
Faculty, School of Nursing, Indiana Wesleyan University
Marion, IN

Evidence-Based Research for School Nurses: So What and Who Cares?
Busy school nurses sometimes need to be convinced that research has real value for them. This interactive presentation will cover some of the basics of research, plus case studies of how school nurses have used research to improve student and staff health. Participants will take away a simple plan for using research to improve practice and outcomes.

Conference Program

Wednesday, November 11, 2009

2B Alice Jordan-Miles, M.Ed

Project Coordinator, Indiana Suicide Prevention Coalition, Indiana University-Purdue University, Fort Wayne

Preventing Teen Suicide: What Schools and You Can Do

This presentation discusses the role of the school in addressing teen suicide. Schools are uniquely poised to address these issues, as mental health concerns and suicide affect students' ability to learn. Identifying students at risk, having trained resources in schools to help students thinking of suicide, and having policies that deal swiftly and directly with suicidal students, suicide attempts, and death by suicide are critical pieces of the puzzle. These as well as what an individual should do when confronted with a youth at risk form the core of this presentation.

2C Pete Grogg, MHA

Associate Director, Indiana University Health Center

David Lohrmann, PhD

Professor, Department of Applied Health Sciences, IU School of Health, Physical Education, and Recreation

Enabling School Immunization and Health Information Exchange

Community K-12 schools are required to maintain immunization histories for their students. This presentation will present a pilot project aimed to design and deploy an information gateway that schools can use to efficiently exchange immunization information with families, the state immunization registry, and health care providers.

2D M. Kent Smith, D.D.S., R.Ph

Director of Oral Health, Indiana State Department of Health

The Role of the School Nurse in Improving Oral Health for Children

The school nurse has a crucial role in the provision of comprehensive health services to children. As a health care expert within the school system, the school nurse is a leader in the development and evaluation of school health policies. This presentation will provide information related to assessment, referral, management of dental emergencies, oral health education, and evidence based activities to prevent oral disease. There will be time devoted to answer commonly asked questions from participants.

2:00-2:15 Snack Break

2:15-3:15 **Dona Roberts, RN, BSN**
School Nurse Consultant

School Nurses...Initiating change...Chicken Soup is not enough!

This presentation will share information that outlines the history of nursing and school nursing, what school nurses say they do, and public perceptions of nursing. It will focus on the school nurses' role in initiating change beyond chicken soup, beyond process...to what that means for students, schools and community.

3:15-3:30 Conference Evaluation

3:30 Conference Adjourned



Registration

Conference Site & Hotel Information

The conference will be held at the Adam's Mark Hotel, soon to be Wyndham Indianapolis West: 2544 Executive Drive, Indianapolis, IN 46241.

A block of rooms have been set aside at the special conference rate of \$89 (plus tax) per night for November 9 and 10, 2009 to accommodate conference participants. Participants should make their own reservations by calling 800-444-2326 or 317-248-2481. **Please identify yourself with the Indiana Association of School Nurses, School Nurse Conference, to receive the special conference rate.**

To ensure room availability and conference pricing, reservations must be received by Tuesday, October 16, 2009. Any reservations made after this date will be accepted on a space and rate availability basis only. Free parking is available on hotel property.

Registration Information

Registration for the conference will be in an on-line format. The link to the registration form can be found on the Indiana Association of School Nurses website at <http://www.inasn.org> Please follow the instructions given on the page to complete your registration process. Email confirmation will be returned when the registration is complete.

Conference Fees:

Full Conference Tuesday November 10 and Wednesday November 11 - **\$180**

One day only, Tuesday *or* Wednesday - **\$105**

IASN members please include a copy of your current NASN membership card with payment.

IASN members Full Conference- **\$160** One day - **\$95**

Nursing Students - Full time nursing students \$40 each day. For students participating in the poster sessions, \$30 each day. All students must mail in a COPY of their current, dated student ID with payment and must present it at registration on the day of the conference.

Cancellation Policy: A \$50 late fee will be charged for registration received after October 16, 2009. IASN will refund conference fees less a \$25 processing fee until October 16. After October 16, there will be no refunds.

Payment: Payment for the conference cannot be made online. Purchase orders will be accepted.

PLEASE MAKE YOUR CHECKS PAYABLE TO THE INDIANA ASSOCIATION OF SCHOOL NURSES.

All payments must be mailed to: Indiana Association of School Nurses

PO Box 325

Rushville, IN 46173

Miscellaneous Information

What to Wear: Casual business attire is the accepted apparel during the conference activities. Meeting room temperatures are difficult to control and are usually cool. We suggest that you bring a sweater or light jacket.

IASN is going GREEN! In an effort to be environmentally conscious and better manage resources, IASN is continuing our practice of a semi paperless meeting. All speaker handouts that the speakers submit prior to the conference will be available online at the IASN website at www.inasn.org. Please download these handouts and bring them to the conference, as they will not be available at the conference.

For questions regarding conference content contact:

Diane Braun at mdianeb@aol.com or 317-345-5135

For questions regarding registration contact:

Mary Conway at marymac309@hrtc.net or 317-442-4317

For questions regarding payment of conference fees contact:

Joyce Darnell at jdarnell@lightbound.com

Conference Contributors

IASN would like to express our appreciation to the following contributors who have helped make this conference possible:

Action for Healthy Kids

Clarian Hospital

Dairy and Nutrition Council

Henry Schein

Mobile Dentists

Sanofi Pasteur

St. Vincent Hospital

Many Thanks to the Conference Committee:

*Diane Braun, RN, BS
Chairperson
School Nurse
Carmel Clay Schools*

*Mary Conway, RN, MSN
President, IASN
School Nurse
Indianapolis Public Schools*

*Carolyn Snyder, RN, BSN, MS
Executive Director, IASN
Crawfordsville, Indiana*

*Patty Antle, RN, BSN
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*Sue Bergstrom, RN, BSN
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Clinical Placement/Faculty, School of Nursing
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*Dona Roberts, RN, BSN
School Nurse Consultant*

*Patricia Schmutte, RN, MSN
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*Valerie Shepherd, RN
Assistant School Health Coordinator
Coordinator for Washington Township, Indianapolis*